



The New Art of Dying: How to personalize the most important decisions for yourself and your loved ones

Diane Burnside Murdock

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How would you like to die? Only you can answer this. Whatever your age, cultural identity, ethnic background, or beliefs, read this book if you want to talk about dying but don't know what you want to say. Each of us has our own special feelings, hopes, fears, and desires about this universal issue. These days, dying can happen in many different ways because of high-intensity therapies that prolong living and postpone dying. The proliferation of choices, possibilities, and alternatives can be overwhelming. The New Art of Dying is a constructive and thorough guide to empower you to make your own choices. There is no one answer for dying correctly. There's no wrong answer either. Each of us wants to get it right and do it our own way. The New Art Of Dying is a handbook for our time. This step-by-step guide to making your own choices teaches: - How to discover who you are and live life to its end - How to deal with dying in your own unique way - How to make decisions about life-sustaining treatments and procedures, palliative care, and legal documents on advance care planning - How to keep unpredictable problems from upsetting what you want - How to give loved ones the gift of caring for you the way you wish

It is progressive about patient rights, making you the central figure and enabling you to experience dying the way you have experienced life-- by being in charge of your own destiny. It's for you only, a continuing reference and source of inspiration.

An exposé on the American way of dying -- penetrating and passionate...it speaks the truth. Scrupulously confronting the many options to choose from whether medical, palliative or legal -- the problems we face and what can go wrong. Revelatory, helping you get at your attitudes on dying coming from your background and beliefs to create a personal end-of-life experience.

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