



She's Gonna Blow!: Real Help for Moms Dealing with Anger

Julie Ann Barnhill

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Tens of thousands of moms who struggle with anger have found hope, laughter, understanding, and biblical counsel in *She's Gonna Blow!* With over 100,000 in print, this bestseller now has a fresh cover and a new practical helps section with more resources and step-by-step advice.

Gary Chapman, author of *The Five Love Languages of Children*, tells readers that Julie Ann Barnhill "has learned from her journey, and so will you... You'll identify with Julie's open, honest approach."

Straightforward and easy-to-read, *She's Gonna Blow!* is for every mom seeking here-and-now hope and help to...

- find healthier ways of expressing anger
- let go of "control" issues and be more positive
- draw closer to the God who created moms and mothering

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