



# The Spiritual Life Cycle: Stages of Spiritual Growth from a Christian Perspective

*Daryl Mitchell*

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## **The Spiritual Life Cycle: Stages of Spiritual Growth from a Christian Perspective** Daryl Mitchell

As a teenager I asked, "Why do young people leave the church after high school?" This book is my answer and solution after asking for more than 25 years. Young people leave the church because while they have grown up physically and psychologically, they haven't developed spiritually. There are seven stages of spiritual growth from a Christian perspective. There is one path to spiritual maturity, and all must pass through the same stages to get there. The Spiritual Life Cycle explains the learning tasks, crises, keys, and symbols of each stage. It teaches the steps necessary to move from one stage to the next. It is not just another book about the necessity of prayer, bible study, etc. It is a manual to help churches keep and nurture their people to spiritual maturity.

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