



The 30-Minute Vegan's Taste of the East: 150 Asian-Inspired Recipes--from Soba Noodles to Summer Rolls

Mark Reinfeld, Jennifer Murray

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Noted vegans and vegetarians love Mark Reinfeld and Jennifer Murray's food. Food Network host and author Ellie Krieger lauds their recipes as "delicious, exciting, healthful, [and] accessible for everyone," while Deborah Madison notes their "appealing recipes, good information about food and cooking in general [and] surprisingly realistic approaches to thirty-minute cooking." Now, Reinfeld and Murray turn their skillets to the East, featuring over 150 vegan versions of favorite cuisine from India, Thailand, China, and Japan. *Taste of the East* also offers inspired animal-free recipes from Indonesia, Nepal, Vietnam, Korea, Tibet, Iran, and Afghanistan.

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