



Epiphany: True Stories of Sudden Insight to Inspire, Encourage and Transform, Expanded Edition

Elise Ballard

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The NEW Updated and Expanded Edition of EPIPHANY is here! Have you ever experienced an epiphany, a life-changing moment or realization? Elise Ballard has, and she was so stunned by its effect on her life that she started asking others if they had ever experienced these kinds of breakthroughs. The EXPANDED EDITION contains a NEW PREFACE with more information and research from Elise Ballard's work with epiphanies as well as some EXERCISES used in her workshops, a READERS' GUIDE for book club discussions and links to VIDEOS of many of the interviews. What began as simple curiosity led to an unexpected and exciting journey, spanning several years and the breadth of human experience. The result of her one-on-one interviews recounted in each person's unique voice, is the ever-popular, Epiphany, a collection of more than fifty revelations that changed lives forever. Inspiring, thought-provoking, and eye-opening, Epiphany shares deeply intimate stories of people from all walks of life, from public figures like Maya Angelou, Deepak Chopra, Ali MacGraw, and Barry Manilow, to personal acquaintances and lifelong friends, to new contacts made in the most unexpected and serendipitous of circumstances. Whether discovering purpose in life, awakening to new possibilities, or finding a new direction after a catastrophic setback, each person's epiphany is a gift, providing new insight into these remarkable lives and a window into the universal truths that connect us all.

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