



Mortified: Real Words. Real People. Real Pathetic.

David Nadelberg

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In the days before blogs, teenagers recorded their lives with a pen in top-secret notebooks, usually emblazoned with an earnest, underlined plea to parents to keep away. Since 2002, David Nadelberg has tapped that vast wellspring of adolescent anguish in the stage show *Mortified*, in which grown men and women confront their past with firsthand tales of their first kiss, first puff, worst prom, fights with mom, life at bible camp, worst hand job, best mall job, and reasons they deserved to marry Simon LeBon.

Following the same formula that has made the live show a beloved cult hit, *Mortified* the book takes real childhood journals and documents and edits the entries into captivating, comedic, and cathartic stories, introduced by their now older (and allegedly wiser) authors. From letters begging rescue from a hellish summer camp to catty locker notes about stuck-up classmates to obsessive love that borders on stalking, *Mortified* gives voice to the real -- and really pathetic -- hopes, fears, desires, and creative urgings that have united adolescents for generations.

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