



The New Father: A Dad's Guide to the First Year (New Father Series)

Armin A. Brott

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An indispensable handbook on all aspects of fatherhood during the first 12 months, by the author of *The Expectant Father*.

The essential handbook for all things first-year father is now fully updated and revised. Not only will new dads get a month-by-month guide to their baby's development, men reading *The New Father* will learn how they change, grow, and develop over the first twelve months of fatherhood.

In each chapter, Brott focuses on What's Going On with the Baby; What You're Going Through; What's Going On with Your Partner; You and Your Baby; Family Matters; and more. The latest research, as well as time-honored wisdom--and humor, thanks to New Yorker cartoons and Brott's light touch--make *The New Father* indispensable for the modern father who doesn't want to miss a moment of his child's first year.

What's new?

- How technology is changing fatherhood
- Changing definitions of fatherhood
- Changes in the way society deals with dads—from changing tables in public men's rooms to workplace flexibility
- Research proving that a father's love is just as important as a mother's
- How being an involved dad rewires a man's brain
- How changes in women's roles in the family affect dads and their roles
- Special concerns for: young dads, older dads, at-home dads, unmarried dads, dads in same-sex couples, dads in blended families, dads of kids with special needs, and men who became dads with the help of technology
- The special impact dads have on girls and boys
- Specific strategies dads can use to get—and stay—involved in their children's lives
- Updated resources for new fathers

Not to mention new research and information on:

- How to understand what your baby is telling you
- Babies' amazing abilities
- Baby massage--they love it!
- The latest on vaccinations and healthcare
- And much, much more

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From reader reviews:

Cathy Spearman:

In this period globalization it is important to someone to acquire information. The information will make professionals understand the condition of the world. The fitness of the world makes the information simpler to share. You can find a lot of references to get information example: internet, classifieds, book, and soon. You can observe that now, a lot of publisher that print many kinds of book. The book that recommended to you personally is The New Father: A Dad's Guide to the First Year (New Father Series) this publication consist a lot of the information from the condition of this world now. This particular book was represented just how can the world has grown up. The vocabulary styles that writer require to explain it is easy to understand. The particular writer made some analysis when he makes this book. This is why this book suitable all of you.

Fred Howell:

Is it an individual who having spare time in that case spend it whole day by watching television programs or just lying on the bed? Do you need something totally new? This The New Father: A Dad's Guide to the First Year (New Father Series) can be the answer, oh how comes? The new book you know. You are thus out of date, spending your extra time by reading in this new era is common not a nerd activity. So what these books have than the others?

Robert Mills:

Within this era which is the greater man or woman or who has ability to do something more are more treasured than other. Do you want to become one among it? It is just simple strategy to have that. What you are related is just spending your time little but quite enough to experience a look at some books. Among the books in the top record in your reading list is definitely The New Father: A Dad's Guide to the First Year (New Father Series). This book that is qualified as The Hungry Hillside can get you closer in growing to be precious person. By looking upwards and review this guide you can get many advantages.

Mark Nixon:

As we know that book is significant thing to add our knowledge for everything. By a reserve we can know everything we wish. A book is a list of written, printed, illustrated or perhaps blank sheet. Every year seemed to be exactly added. This guide The New Father: A Dad's Guide to the First Year (New Father Series) was filled in relation to science. Spend your extra time to add your knowledge about your research competence. Some people has distinct feel when they reading some sort of book. If you know how big advantage of a book, you can truly feel enjoy to read a publication. In the modern era like now, many ways to get book you wanted.

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