



Henry VIII's Health in a Nutshell

Kyra Cornelius Kramer

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MadeGlobal's **History in a Nutshell Series** aims to give readers a good grounding in a historical topic in a concise, easily digestible and easily accessible way.

Tudor histories are rife with "facts" about Henry VIII's life and health, but as a medical anthropologist, **Kyra Kramer**, author of *Blood Will Tell*, has learned one should never take those "facts" at face value. In **Henry VIII's Health in a Nutshell**, Kramer highlights the various health issues that Henry suffered throughout his life and proposes a few new theories for their causes, based on modern medical findings.

Known for her readability and excellent grasp of the intricacies of modern medical diagnostics, Kyra Kramer gives the reader a new understanding of Henry VIII's health difficulties, and provides new insights into their possible causes.

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