



# Breastfeeding Sucks: What to Do when Your Mammaries Make You Miserable

*Joanne Kimes*

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**Breastfeeding Sucks: What to Do when Your Mammaries Make You Miserable** Joanne Kimes

## You know breastfeeding sucks when...

Your breast pump starts to resemble a medieval torture device

Your latest scent is eau de' cabbage leaves

Your breasts rival Old Faithful as a must-see attraction

If you need to latch on to something with your free hand while your little miracle is latched on to you, then *Breastfeeding Sucks* is the book for you. Inside, Joanne Kimes covers:

- How to prepare for breastfeeding before the birth
- Physical and emotional challenges that face both you and your little leech—er, infant
- Nursing in public and pumping at the office without feeling like a freak-show attraction
- Weaning that little tot before his eighth birthday

In the hilarious, real-mom style that made *Pregnancy Sucks* a hit, Kimes lays it all out. She gives as much mitigating advice as she can muster to reduce the nipple pain, engorgement, fatigue, and frustration that come with breastfeeding.

*Breastfeeding Sucks* is the only book you need on the long road to sippy cups.

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Why don't make it to become your habit? Right now, try to ready your time to do the important work, like looking for your favorite guide and reading a publication. Beside you can solve your long lasting problem; you can add your knowledge by the reserve entitled Breastfeeding Sucks: What to Do when Your Mammaries Make You Miserable. Try to the actual book Breastfeeding Sucks: What to Do when Your Mammaries Make You Miserable as your pal. It means that it can to be your friend when you sense alone and beside associated with course make you smarter than before. Yeah, it is very fortunated for you personally. The book makes you a lot more confidence because you can know every thing by the book. So , let me make new experience and knowledge with this book.

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#### **Juan Carrillo:**

Spent a free time to be fun activity to accomplish! A lot of people spent their free time with their family, or their own friends. Usually they accomplishing activity like watching television, planning to beach, or picnic from the park. They actually doing same task every week. Do you feel it? Will you something different to fill your own personal free time/ holiday? Could possibly be reading a book may be option to fill your free of charge time/ holiday. The first thing you ask may be what kinds of book that you should read. If you want to test look for book, may be the e-book untitled Breastfeeding Sucks: What to Do when Your Mammaries Make You Miserable can be great book to read. May be it is usually best activity to you.

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