



Integrative Cardiology: Complementary and Alternative Medicine for the Heart

John Vogel, Mitchell Krucoff

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Everything you need to incorporate complementary and alternative therapies into traditional cardiology practice

"...a milestone in the inevitable merging of the two fields."--Dr. Andrew T. Weil, MD

Written by the leading experts in cardiology and integrative medicine, this practical resource delivers a critical and balanced assessment of the evidence for complementary alternative medicine (CAM) approaches and their use in conjunction with traditional therapies.

Comprehensive coverage includes:

- CAM treatment modalities
- Legal and ethical issues
- An important overview of the mechanistic and physiologic links between CAM and the cardiovascular system
- All categories identified by the NIH's National Center for Complementary and Alternative Medicine (NCCAM) study
- Special considerations in such vital areas as women's health, obesity, aging, and end-of-life care
- Useful appendix that provides reliable sources of further information for both physicians and patients

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