

I Can Make You Thin®: The Revolutionary System Used by More Than 6 Million People

Paul McKenna

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AT LAST--A TOTALLY NEW APPROACH TO WEIGHT LOSS. WE'RE SO SURE IT WORKS WE GUARANTEE IT...OR YOUR MONEY BACK!*

Paul McKenna's revolutionary book and CD have helped millions of people lose weight without food restrictions, counting calories, or fighting cravings.

All decisions about food take place in the mind and the human mind is like a computer. Dr. McKenna helps people reprogram their minds using the latest psychological techniques to transform the way they think about food forever. His celebrity clients include rock stars, movie stars, and royalty.

Book and CD show readers how to:

- Feel totally in control around food
- Speed up your metabolism
- Stop self-sabotage
- Instantly stop cravings
- Feel totally confident
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