



# **An Introduction to Drugs in Sport: Addicted to Winning?**

*Ivan Waddington, Andy Smith*

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Why do many athletes risk their careers by taking performance-enhancing drugs? Do the highly competitive pressures of elite sports teach athletes to win at any cost?

*An Introduction to Drugs in Sport* provides a detailed and systematic examination of drug use in sport and attempts to explain why athletes have, over the last four decades, increasingly used performance-enhancing drugs. It offers a critical overview of the major theories of drug use in sport, and provides a detailed analysis of the involvement of sports physicians in the development and use of performance-enhancing drugs. Focusing on drug use within elite sport, the book offers an in-depth examination of important contemporary themes and issues, including:

- the history of drugs in sport and changing patterns of use
- fair play, cheating and the 'spirit of sport'
- WADA and the future of anti-doping policy
- drug use in professional football and cycling
- sociological enquiry and the problems of researching drugs in sport.

Designed to help students explore and understand this problematic area of research in sport studies, and richly illustrated throughout with case studies and empirical data, *An Introduction to Drugs in Sport* is an invaluable addition to the literature. It is essential reading for anybody with an interest in the relationship between drugs, sport and society.

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