



The Stroke Clinician's Handbook: A Practical Guide to the Care of Stroke Patients

Robert N Gan, N Venketasubramanian Ramani

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There are numerous elaborate and comprehensive textbooks and guidelines on stroke. However, busy clinicians are constantly bombarded with new knowledge for an infinite number of medical conditions. It becomes a challenge for them to tease out the important information that will help guide them through the care of the patient they have right before them.

This handbook was thus conceptualized with both the busy clinician and the stroke patient needing urgent treatment in mind. By providing only essential information in a standard and user-friendly layout, it assists clinicians in making real-time decisions quickly and effectively with actual step-by-step guides on specific issues relevant to the care of stroke patients. The use of this practical handbook is instinctive with the topics arranged in chronological order, simulating the actual clinical scenario from a prehospital setting, consultation in the emergency room, admission to the hospital, to secondary prevention in the clinic. With contributions from over 30 stroke experts in Southeast Asia, this handbook is widely applicable in different medical settings and will certainly appeal to stroke specialists, general practitioners, nurses, paramedics, and medical students alike.

Contents: TIA and Acute Stroke: Prehospital Stroke Evaluation and Triage (HC Chua); Stroke/TIA versus Mimics (RN Gan); Admit to Hospital versus Clinic (NC Suwanwela); Anterior versus Posterior Circulation Syndrome (MP Yumul & J Navarro); Brain Imaging (CCT Lim); Admit to Stroke Unit or Ward (NV Ramani); Stroke Scales and Classifications (RN Gan); Basic Admitting Orders and Stroke Clinical Pathway (AA Noor Asiah & W Soo); TIA and Acute Ischemic Stroke: Basic Investigations (JL Padilla); Thrombolysis (rTPA) for Acute Ischemic Stroke (RN Gan); Antiplatelets (JL Pascual & HM Chang); Blood Pressure in Acute Ischemic Stroke (A Roxas); Diagnostic Tests for TOAST Classification (D Ratanakorn & J Keandoungchun); Anticoagulation (H Basri); Ischemic Stroke in Young Adults and Cerebral Venous Thrombosis (JL Pascual & CLH Chen); Acute Intracerebral Hemorrhage: Diagnostic Tests (SJ Agustin & RN Gan); Medical and BP Management (RN Gan & E Wang); Surgery (A Chua); Acute Subarachnoid Hemorrhage: Diagnostic Tests (KJ Khu & A Chua); Medical Management (KJ Khu & A Chua); Surgery and Intervention (SK Dinesh & I Ng); TIA and Acute Stroke: Other Management Issues: Blood Sugar in Acute Stroke (R Singh); Fluid and Nutrition in Acute Stroke (C Chua & MCZ San Jose); Rehabilitation, Physical, Occupational and Speech Therapy (S Young); Worsening after Stroke (RN Gan & KE Lee); Increased Intracranial Pressure (EV Collantes & ES Bitanga); Fever and Infection (MJ Mamauag); Deep Vein Thrombosis and Pulmonary Embolism (RMR Divinagracia); Myocardial Infarction in Acute Stroke (BPL Chan); Post-acute Care and Prevention: Antithrombotics: Antiplatelets and Anticoagulant (RN Gan et al.); Blood Pressure and Antihypertensives (SH Lee); Cholesterol (MP Yumul & NV Ramani); Diabetes Mellitus (A Aquino); Lifestyle Risk Factor Control (MCZ San Jose & C Chua); Carotid Endarterectomy and Angioplasty/Stenting (P Rivera).

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