

# The Everything Parent's Guide To Sensory Processing Disorder: The Information and Treatment Options You Need to Help Your Child with SPD

Terri Mauro



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If your child has been diagnosed with sensory processing disorder (SPD), you understand how simple, everyday tasks can become a struggle. With *The Everything Parent's Guide to Sensory Processing Disorder*, you can help your child learn how to reduce stress and minimize the symptoms of SPD. In this all-in-one guide, Terri Mauro provides all the information you need regarding SPD, including:

- An in-depth definition of SPD and its effects.
- The newest treatments, therapies, and diets.
- Techniques for use outside of the therapist's office.
- The latest research on physical causes of SPD.
- Advice for coping at school, home, and play.

Your child deserves to live a life free of the difficulties SPD can bring. *The Everything Parent's Guide to Sensory Processing Disorder* gives you professional advice to help your child to manage sensory needs and feel calmer, happier, and in control, now and in the future.

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