



Surviving Manic Depression: A Manual on Bipolar Disorder for Patients, Families, and Providers

E. Fuller Torrey M.D., Michael B. Knable D.O.

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Surviving Manic Depression is the most comprehensive, up-to-date book on the disorder that affects more than two million people in the United States alone. Based on the latest research, it provides detailed coverage of every aspect of the disorder. All aspects of the disease are addressed: symptoms, with many direct descriptions from patients themselves, risk factors, onset and cause, medications (including drugs still in the testing stage), causes, psychotherapy, and rehabilitation and how the disease affects children and adolescents. Here too are discussions of special problems related to manic-depressive disorder, including alcohol and drug abuse, violent behavior, medication noncompliance, suicide, sex, AIDS, and confidentiality. Surviving Manic Depression also includes special features such as a listing of selected websites, videotapes, and other resources.

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