



# Nutrition & Diet Therapy: Evidence-Based Applications

*Carroll A. Lutz, Karen Rutherford Przytulski*

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## **Nutrition & Diet Therapy: Evidence-Based Applications** Carroll A. Lutz, Karen Rutherford Przytulski

The fourth edition of this popular nutrition text continues to be the best on the market for introducing the beginning student to the fundamentals of nutrition. Developed jointly by a nurse and a dietitian, Nutrition and Diet Therapy Evidence-Based Applications, 4th Edition, effectively combines nursing care with solid nutritional information. Clearly written and visually appealing, this 4th edition is filled with updated content on a variety of contemporary issues that add to the title's continued emphasis on clinical application.

Identifies cautions for unregulated supplements and describes interactions of food, drug, and over-the-counter nutrients

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