



Foot and Ankle Sports Medicine

Dr. David W. Altchek MD

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With this brand new book, **Foot and Ankle Sports Medicine**, sports medicine practitioners will have one of the most comprehensive and practical resources for the treatment of foot and ankle sports injuries. In addition to tendon disorders, trauma, hindfoot, midfoot, forefoot, and lower leg, this book's 32 chapters also cover pediatric sports injuries, sport specific injury prevention, rehabilitation, and even shoe selection.

Over 40 specialists in orthopaedic surgery, podiatry, physiatry, physical therapy, and athletic training contributed to this book's contents — including team physicians, physical therapists, and athletic trainers for major sports teams including the New York Giants, New York Mets, Philadelphia Flyers, Philadelphia Eagles, New York Knicks, Washington Nationals, Carolina Panthers, and the US Davis Cup Tennis team. It's the combination of all these different disciplines that makes this book such an excellent resource for treatment of foot and ankle sports injuries.

FEATURES

- Over 300 original illustrations — many in full color
- Practical recommendations from over 40 experts in their field
- All treatments emphasize the role of therapists and trainers in obtaining the best results

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