



How to Read a Paper: The Basics of Evidence-Based Medicine (HOW - How To)

Trisha Greenhalgh

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The best-selling introduction to evidence-based medicine

In a clear and engaging style, *How to Read a Paper* demystifies evidence-based medicine and explains how to critically appraise published research and also put the findings into practice.

An ideal introduction to evidence-based medicine, *How to Read a Paper* explains what to look for in different types of papers and how best to evaluate the literature and then implement the findings in an evidence-based, patient-centred way. Helpful checklist summaries of the key points in each chapter provide a useful framework for applying the principles of evidence-based medicine in everyday practice.

This fifth edition has been fully updated with new examples and references to reflect recent developments and current practice. It also includes two new chapters on applying evidence-based medicine with patients and on the common criticisms of evidence-based medicine and responses.

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